

The following article will help you setup your Hosted email account with your BlackBerry using the BlackBerry Internet Service (BIS) technology. BIS comes standard on every BlackBerry and is provided free of charge by your provider.

**Note:* The setup process may vary depending on your wireless provider. You may need to consult the help documentation provided by your carrier

1. On your PC or MAC, open your browser and navigate to your providers BlackBerry Internet Service website:

Alltel: <http://www.alltel.blackberry.com/>

AT&T: <http://bis.na.blackberry.com/html?brand=mycingular>

Nextel / Sprint: <https://bis.na.blackberry.com/html?brand=nextel>

Rogers: <https://bis.na.blackberry.com/html?brand=rogers>

Telus: <https://bis.na.blackberry.com/html?brand=telus>

T-Mobile (U.K): <http://www.instantemail.t-mobile.co.uk/>

T-Mobile (U.S): <https://my.t-mobile.com/Login/Default.aspx>

Verizon <https://bis.na.blackberry.com/html?brand=vzw>

**Note:* If you do not see your carrier, please contact them

2. Next, sign in with your email address and password and select **Next**

3. When you sign in, your account will then begin the verification process

**Note:* Some provides may ask you to provide additional settings, if so please see below:

- **User Name:** Enter your entire email address, using all lowercase letters
- **Email Address:** Your entire email address
- **Password:** Password associated with your email account
- **Email server:** secure.emailsrvr.com

4. After your account has been confirmed, you should receive an **"Email Account Successfully Added"** notification. Logout and your email should start populating into your phone after a few minutes